

Activity report 2021



douleurs
sans frontières



Pain
doesn't mean
your life has
to be over

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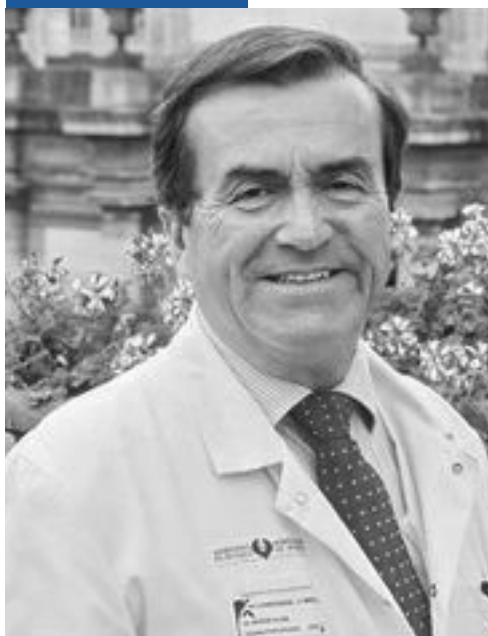


Douleurs Sans Frontières

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Message from the president

Prof Alain SERRIE, president and founding member of Douleurs Sans Frontières



This has been an unprecedented year, with the effects of Covid-19 felt across the world, and health regulations leading to changes in our working conditions and daily activities. Douleurs Sans Frontières continues its mission to fight pain, with the creation of new programmes and projects to respond to the needs identified in the countries where we work.

For more than 25 years, our global ambition has been to ensure universal access to the transfer of skills through training and continuing professional development for health workers, with a view to better management of pain and suffering in all its forms, whether that's physical or psychological, in adults or in children.

Thanks to our collective efforts, Douleurs Sans Frontières has once again been able to meet its commitments to its beneficiaries, who are growing year after year, as well as to its partners. More than 50,000 people from poor and disadvantaged populations, across all our missions, have been given information, support, care, and attention. At the heart of our work is to enable the most vulnerable to access high-quality care for their pain with dignity, where the means are lacking and where those in extreme poverty are increasingly excluded. Hundreds of health workers have been trained in the management of all types of pain.

Thank you to all our volunteers, donors, partners, and the people who follow us and support us from all over the world and in many different ways. It is thanks to your generosity and encouragement that we can continue our work. Thank you to all the DSF teams. Step by step, we move forward together in the fight against pain.

Dr Alain Serrie

MD, PhD, HDR
Associate Professor
Honorary Head of Department, Pain Services and Palliative
Medicine
DMU Neurosciences, APHP Nord – Université de Paris
Member of l'Académie Nationale de Médecine
Member of l'Académie Nationale de Chirurgie
President of the Lariboisière Pain Management Committee
(Comité de Lutte contre la Douleur, CLUD) - Fernand Widal
President of Douleurs Sans Frontières

About us

Our project

Douleurs Sans Frontières (DSF) is a French international solidarity non-governmental organization and a recognised public service foundation. Founded in 1996 by doctors in charge of medical facilities, the association works in the field of health, and more specifically in the field of pain management, palliative care, psychological support, and inclusive education.

Its purpose is to promote and facilitate all activities relating to the diagnosis, treatment and management of pain in the most disadvantaged countries. To ensure the sustainability of its interventions, DSF develops projects by collaborating with partners such as stakeholders in the health sector (ministries of public health, healthcare facilities, health centres, community workers, etc.), and other key players in the countries where it operates. The NGO advocates for access to opioids.

The groundwork carried out by DSF feeds into the national health strategies of the countries concerned, with the transfer of expertise as a cornerstone. They are developed using a multidisciplinary and transdisciplinary approach, bringing together various health professionals and contributing to the development of strategies focused on patient care and well-being. Moreover, training and skills transfer are central to the work of DSF teams in the field. Numerous training courses have been launched in all our countries of work, through the establishment of university diplomas as well as through continuing professional development or community training, as in Haïti or Madagascar, for example.

Our areas of work



**Pain
management**



Palliative care



**Training
healthcare
stakeholders**



**Inclusive
education**

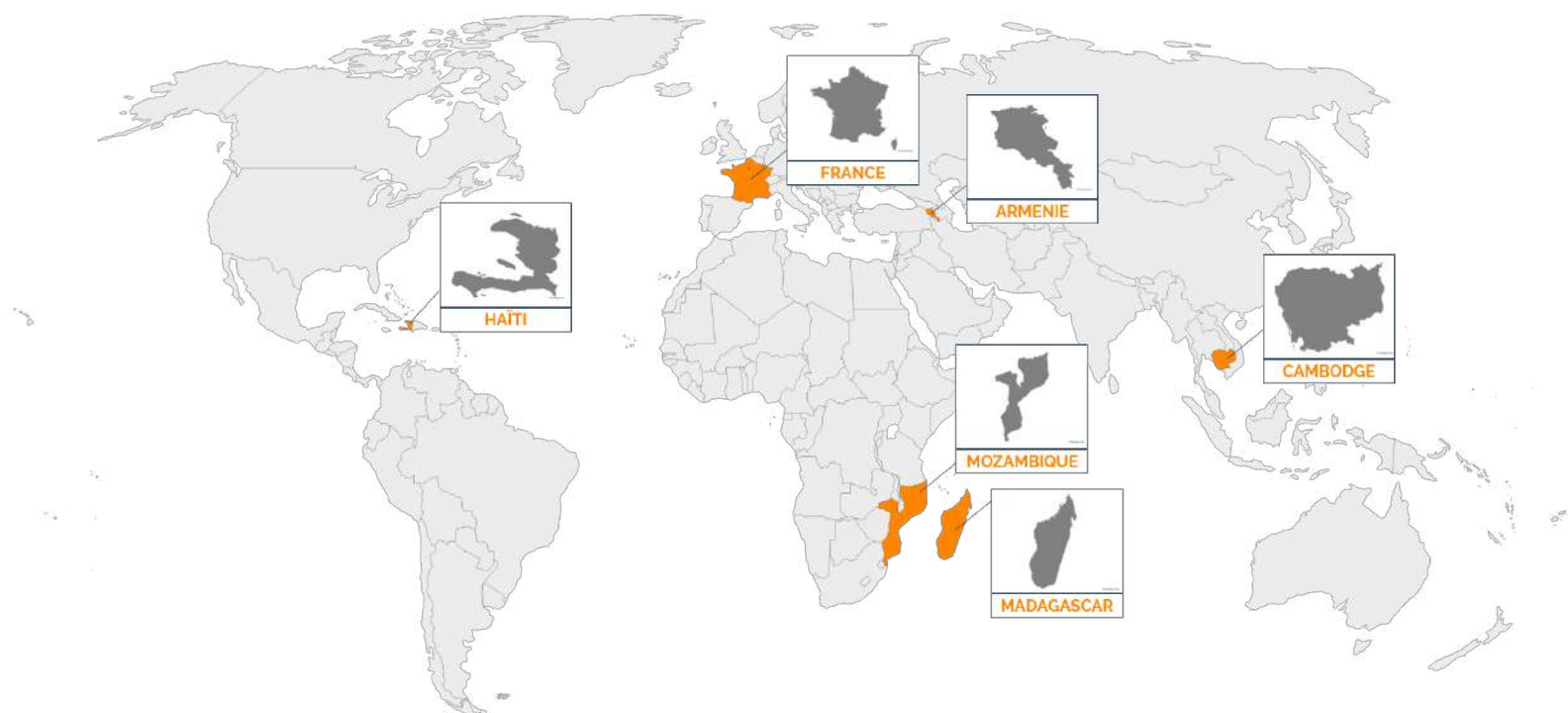


**Psychosocial
support**



**Advocating for
access to opioids**

Our areas of work



Approximately 50,000 beneficiaries each year

A team of 8 people at our headquarters (France), 5 National Directors, as well as volunteers including Programme Directors and health professionals assigned to each mission

Specific projects throughout the year, in Guinea, for example

A network of recognised specialists

DSF works with a network of renowned volunteer healthcare professionals, specialised in pain management (managers, clinicians, professors, researchers, psychologists, educators, etc.). Each project is headed by an expatriate or local doctor or pharmacist. They are comprised of teams that include international solidarity volunteers as well as local staff with varied and complementary skills in human and social sciences and medicine, to coordinate activities.

Our teams on the ground ensure that we provide tailored responses to meet identified needs and always listen to the voices of patients in pain. They make sure to be the best version of themselves in their work, because we maintain that every human being has the right to access care for their pain and to be cared for and relieved of their suffering.



Training session in analgesia carried out by DSF with student nurses in Haïti



Domiciliary care provided by DSF for a patient in Cambodia



Infant check-up by DSF in Madagascar



Left: HIV+ patient suffering from anaemia and bedridden, receiving integrated home care by a community health worker from AMDEC



Patient care in Madagascar in the Mitehafa project's video for their awareness campaign



Play session with a child as part of the inclusive education project in Armenia

Board of Directors

The board



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President



Dr Philippe POULAIN
Vice-President



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Chief Executive



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Dr Jacques CHEMINET
Dr Vianney MOURMAN
Dr Erwan TREILLET

Douleurs Sans Frontières' patron



Enki BILAL
French comic book
author and film director



Douleurs Sans Frontières around the world

Armenia

Since 2001



Context

DSF's objectives in 2021 were twofold: to continue the work began several years ago and to respond as best as possible to the priorities of the population in the field of psychological and psycho-educational support, in this post-Covid and post-war situation, whilst of course respecting the health measures introduced by the Republic of Armenia as the pandemic evolved.

€ Budget: 23 994€

 Financial partners:

Mairie de Bagneux
Vanadzor municipality

Key figures in 2021

200

people trained

126

children (0-4 years old) and their guardians hosted

168

children cared in nursery schools

19

adultes et children refugees supported

12

home visits carried out

21

disabled children supported

Activities in 2021

Home visits and one-to-one interviews
During and after the war, a number of organizations including DSF began assisting displaced families in distress.

7 families, with a total of 19 people, were visited at home and interviewed face-to-face.

The 'Little Rabbit' centre, supporting parents and their children aged 0 to 4 in Vanadzor
Capable staff are on hand to listen and respond to any questions and concerns from parents about their children's development and behaviour, including, for example, issues around sleep, nutrition, interaction with other children, adults, etc.

Our team held 144 sessions, encompassing a total of 710 people over the year. Sixty-three children (30 girls and 33 boys) are currently on file, of which 50 are new.

Nursery School Storytelling Groups Nos. 19, 24, 30 and 35

In 2020, the storytelling groups in nursery schools had to be stopped due to the COVID-19 pandemic. The groups restarted from January 2021 and took place in nursery school group nos. 19, 24, 30 and 35. Always eagerly awaited by the children, storytelling groups are organised as soon as new teachers are trained.

- Group No.19: 24 sessions held, 2 groups of 22 children (twice a month)
- Group No.24: 52 sessions held, 2 groups of 22 children (weekly)
- Group No.30: 12 sessions held, 2 groups of 20 children (once a month)
- Group No.35: 50 sessions held, 2 groups of 20 children (weekly)

Small inclusive groups

The inclusive classroom programme started running in January 2021, when the number of children in the group was limited to 5.

Following the inclusive classroom model, one weekly group has been set up over the last year, with 48 sessions for children with significant developmental disabilities, taking place in a structured environment and using adapted teaching methods.

Inclusive nursery school classroom no.35

This inclusive classroom accommodated 16 children. 96 sessions were held. Our psychologists attend twice a week, alongside the on-site psychologist and specialist teacher who ensure continuity of care every day of the week.

Various projects in nursery school classrooms No. 24 and No.30

From January to December 2021, once or twice a month, the following work was carried out: Meetings with teachers (16 sessions) Meetings with parents (4 sessions) Observations and case discussions (6 sessions)



Working with nursery school children in a storytelling group



Session with nursery school children

Expert projects and operational and financial monitoring from 6 to 13 September 2021 in Armenia

Isabelle Tanet-Mory, speech therapist specialising in the care of autistic children

Meetings with :

- the Ministry of Social Affairs:
Discussions around the needs of certain state bodies, request for support for a facility in Vanadzor
- the Republican Evaluation Centre, under the Ministry of Education:
Approval of the Zoom conference held in Vanadzor, possibility of joint working around training modules in the perspective of generalization
The Vanadzor inclusive classroom pilot scheme in Armenia
- the French Embassy:
Update on current programmes and possible developments, with potential support from the Embassy for a government programme
- the support centre for children and families in the Lori region - Vanadzor
In response to the Ministry of Social Affairs' request, 2 visits to the centre and discussions with Corporate Management and staff were organised in order to identify the diverse areas of need

Supervision, training and conferences

With the DSF team

Isabelle Tanet-Mory facilitated 2 supervisory/training sessions in which 3 cases were reviewed and discussed in depth, namely 2 disabled children as well as a young child newly arrived at the Little Bunny Centre.

We ran the supervisory sessions twice a month via Zoom, and discussed different topics and followed up on cases.

Training sessions:

- Emotional understanding work, and communication using objects/image cards
- Serge Tisseron's '3 figures game'
- Observation of an initial group session in nursery school classroom no.35 as part of the inclusive classroom pilot project, in the presence of DSF psychologists and nursery staff, followed by supervision
- Observation of a second group session, with the additional presence of 2 specialists sent by the National Evaluation Centre, and joint discussion

Conferences

2 conferences of 3 hours each (via Zoom, with the support of DSF headquarters) were organised by the Prefecture of the Lori region, for all nursery school and primary school staff. These discussed the topic of cognitive and sensory disabilities in children with neurodevelopmental disorders and presented the inclusion pilot project (a specially adapted room) and the work carried out there. 150 people attended. Feedback has been extremely positive.



Isabelle Tanet-Mory

Looking forward at 2022

An overview of our planned activities:

- Development of the inclusive classroom model in nursery school class no.35 throughout Armenia
- Development of a national programme with the National Evaluation Centre
- Project preparation: submission of proposals for training modules developed by Ms. Tanet-Mory, which will be discussed during her next mission in Armenia in early March 2022



Working with refugee children



Cambodia

Since 1996

Context

In 2021, Cambodia experienced the full impact of the COVID-19 health crisis. Having previously escaped the worst, the number of cases increased sharply and the first deaths were recorded. The consequences were also economic; growth slowed down and the driving sectors of the textile industry and tourism were heavily impacted. For many households, the risk of falling back into extreme poverty was high, especially when a family member had a serious illness, as in the case of our patients.



Budget: 141 846€



Financial partners:

Agence Française de Développement (AFD)
Médecins Sans Frontières

Key figures in 2021

234

patients monitored,
of which 118 were
women (50%)

1 350

consultations
carried out,
including 926
remotely and 257 at
home

Activities in 2021

In 2021, DSF Cambodia focussed on implementing the palliative care project for patients with incurable diseases, mainly cancers. However, the measures taken by the authorities to limit the spread of COVID-19 severely limited the implementation of our activities.

Palliative care consultations

By joining the DSF program, patients in palliative care benefit from a comprehensive medical follow-up. Depending on their situation, patients are seen on the association's premises or in partner hospitals.

When their situation deteriorates, they can also be visited at home by the mobile medical team. Between consultations, nurse follow-ups by phone make it possible to offer responsive treatment adapted to the patient's changing needs.

In 2021, DSF increasingly turned to the use of telemedicine, first to compensate for travel restrictions related to the health crisis, and then in response to very positive feedback from patients who liked this solution.

Pharmacy for essential medicines

The management of pain and other symptoms of discomfort in our patients requires the use of medicines that are sometimes difficult to find within Cambodia, including opioids which are essential to manage the severe pain caused by cancer. DSF has the approval of the Ministry of Health to import and distribute these drugs as part of its programme.

Advocacy for the development of palliative care

As a technical partner of the Ministry of Health, DSF participates in various working groups, whose objective is to design, draft and validate the strategic and technical documents enabling the implementation of public policies.

In 2021, the Palliative Care group led by DSF was able to propose a first draft of the procedure for palliative care provision within the public healthcare system, currently under discussion and approval.

This document is an essential first step towards a more equitable health system, taking into account the needs of the most vulnerable. DSF also contributes to the discussions for the review of the National Strategic Plan for the Prevention and Control of Non-Communicable Diseases, as well as the procedures for the treatment of cervical cancer patients.

Training in psychosocial support

Beyond medical care, it is essential to meet the psychological and social support needs of our patients and their caregivers. To this end, the DSF Cambodia medical team have been trained in psychosocial support by professional Cambodian psychologists. Aimed at improving their skills in patient care techniques and at providing them with coping strategies to help them deal with the stress induced by the nature of their daily work, this training lays the foundations for strengthening psychosocial support as part of the palliative care programme to be completed in 2022.



Patient monitored at home by DSF

Operational partners

- **CCCA** (Cambodian Catholic Care Association): As part of its medical programme, this organisation has 2 hospices in Phnom Penh. Patients residing in Phnom Penh can be accommodated there, whilst those residing in DSF's operational area are referred to the domiciliary care programme.
- **National hospitals:** DSF collaborates with Calmette Hospital, the Khmer-Soviet Friendship Hospital and Kossamak Hospital in order to ensure continuity of care for patients no longer wishing or able to receive treatment in hospital during their transition from the hospital to their home.
- **Médecins Sans Frontières** : Focussing on the fight against hepatitis C, the organisation implemented a screening and treatment access service for patients in Battambang province. For those whose disease is too advanced and are therefore ineligible for treatment, a referral service to DSF services has been put in place.
- **Japan Heart Hospital** : Located in the suburbs of Phnom Penh, this hospital has a paediatric oncology department. Although offering in-house palliative care, some cases are referred to DSF as they require complex treatment or domiciliary care.



Looking forward at 2022

In 2022, DSF continues to implement its domiciliary palliative care project. Training activities for health professionals and community volunteers, postponed due to COVID-19, will be restarted.

The Cambodian mission wishes to build up its capabilities in terms of psychosocial support, both as part of its programme but also as a new area of expertise, to meet more diverse needs within Cambodia.

Other avenues are also being explored in order to formalise and extend the telemedicine offer, develop access to quality medicines via a network of partner pharmacies or participate in research projects.



Haiti

Since 2011

Context

The work of the DSF Haiti mission took place in the context of a major crisis during the year 2021: a socio-political crisis, with political instability alongside mounting violence, a health crisis with the ongoing waves of the COVID-19 pandemic, and an environmental crisis, with a powerful earthquake occurring on 14 August, 2021 in the Grand Sud.

These different events have, in general, impacted on programmed activities and forced the DSF team on the ground to continually adapt.



Budget: 301 945€



Financial partners:

Agence Française de Développement
(AFD)
FOKAL
CERF

Key figures in 2021

9 052

Direct beneficiaries

2 082

patients cared for

1 951

consultations
carried out

21

training sessions
delivered

674

people trained

4 345

people reached

Activities in 2021

Agence Française de Développement project: 'Improving pain management and palliative care in Haiti' (September 2019-August 2022)

This project responds to the pain management and support needs of people in the final stages of life in Haiti.

Currently in phase 2, the project focusses on three areas:

1. improving care provision and pain management for end-of-life patients
2. training and the acquisition of knowledge and skills in pain management and implementation of a palliative approach
3. the search for new forms of effective pain management, with few and mild side effects and advocacy for the promotion of these issues in the public health policies of Haiti.

• **Pain treatment**

DSF supported the two Pain Units located in two of the largest public hospitals in the Port-au-Prince metropolitan area (Hôpital de l'Université d'Etat d'Haïti - HUEH - and Hôpital Universitaire de la Paix - HUP).

5 people, including 4 doctors and 1 nurse, are deployed in these services to ensure the care of patients in pain. They treat chronic pain in particular and support patients in palliative care through the domiciliary assistance service, part of the HUEH's Pain Unit.

Bimonthly collaborative consultations have been arranged between the Pain Units (with DSF acting as the technical advisor) in order to devote time to sharing experiences and good practices, relaying information, suggestions and any complaints, and planning activities, and finally creating an environment to talk about the more difficult cases.

• **Training**

Induction Training

As part of work to raise awareness of pain management, induction training remains a priority. Facilitating the sharing of best practices for pain management helps to train new generations of caregivers, who are more attentive to suffering, aware of active listening skills, as well as general information and possible procedures around caregiving that exist in the country.

3 induction training sessions took place in 2021: a training session for FMP-UEH 5th year medical students, FMSS-UNDH 6th year medical students, and FSIP-UEH (ex-ENIP) 3rd year nursing students.

On-the-job training

During 2021, two specialised in-house training sessions, as well as in-house training leading to a qualification, took place. This included a train-the-trainers session, whose objective is to provide pedagogical tools for pain trainers actively involved in the dissemination of pain management practices in Haiti, and training in ethics and quality of care. This was in response to the demand for training from the Haitian training and pain management society, as well as from some caregivers who often face ethical dilemmas in their professional lives.

In addition, the 2020-2021 cohort of the university degree in 'Pain management for health professionals' - born of a partnership between the Faculty of Medicine and Pharmacy of Haiti State University (FMP- UEH), the University of Paris and DSF - represents the final on-the-job training course carried out in the year. For reasons of confidentiality, this training course was delivered through blended learning (face-to-face and via Zoom) to facilitate the participation of students located in deprived areas. 37 students participated in the exam: 31 passed and 6 failed. The best mark of the academic year was 14.91/20 and the lowest was 7.83/20.



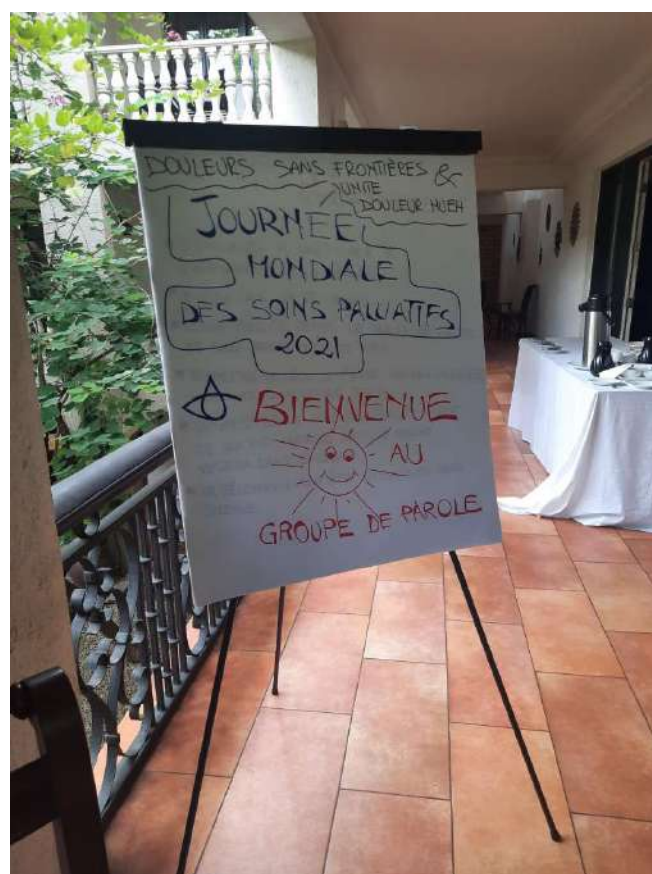
• Education and Advocacy Outreach Awareness Raising Activities

A conference was held on 29 January 2021 to commemorate World Cancer Day. The slogan used on this occasion and launched by World Cancer Day 2021 was 'Together, all our actions matter'. During this event, the general public was reminded of the urgent issue of cancer patient care, and the importance of quality care for people in the final stages of life. To do this, a multidisciplinary and holistic approach is essential to support the individual affected by the disease. Several specialists from different fields intervened in order to contribute their expertise in this debate (doctors, nurses, psychologist, anthropologist).

As part of World Palliative Care Day (9 October, 2021), in collaboration with the Domiciliary Care Team attached to the Pain Unit of the Hôpital de l'Université d'Etat d'Haïti, DSF organised a support group for family caregivers. Conscious of the needs that tend to be left unsaid and the various feelings that the role of caregiver can raise, DSF found it helpful to draw attention to the importance of palliative care through the support group, wishing to provide a safe space for people to talk and listen who are too busy and often help others before thinking of themselves.

The 17th World Pain Day was held on Monday 3 October. Several events were organised around the world for this date, to raise awareness amongst the general public on the importance of describing their pain and the right of everyone to be relieved of pain.

SOHAD, a Haitian pain association, one of the local partners of DSF, wished to draw attention to the urgent need for better pain management for the elderly. On this occasion, they partnered with ALGIA, a centre for health education in Mexico, for a videoconference that took place on 20 October, 2021, on the theme: 'The elderly and pain', presented by Dr Denise FABIEN, an anaesthetist and pain specialist in charge of HUEH's Pain Unit, and pioneer in pain management in Haiti.



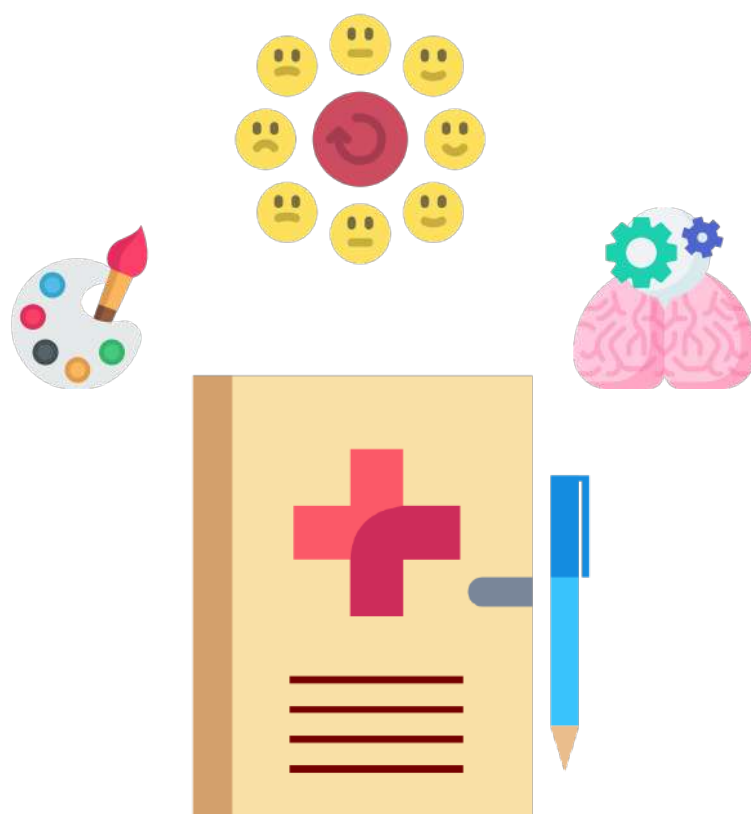
Support for the development of communication tools between professionals and non-professionals

The development of the Palliative Care Companion Guide for Multipurpose Community Health Workers (CHWs) has been completed. It is an educational tool, designed to help during training sessions in palliative care that are being developed, and containing information on all the concepts and practices essential for a CHW wishing to work in this field.

Dr Régine ROCHE designed the tool, thanks to the support provided by the Director of the DSF Programme, who has multi-decennial experience in the field of analgesia and end-of-life care. In addition, as part of a training project for CHWs and supported by SOHAD, IASP and DSF, Dr ROCHE is conducting an evaluation of this tool, guided by IASP, with various experts in the field in Haiti and around the world, in order to formally validate the guide. It will be an essential pedagogical support in training courses for community health workers that will be carried out in 2022 together with the Ministry of Public Health.

Moreover, with the ever more extensive crisis unfolding in Haiti, DSF has been working for some time with a team composed of a psychologist, Ms Anouch Chahbenderian and an illustrator, Maïda Chavak on developing a Haitian-specific project, a psycho-educational tool first designed as part of a project for the war in Armenia.

It consists of a psychological support booklet for children, which, through various activities (colouring, writing, etc.) guides the child through their emotions, in order to deconstruct any trauma or suffering that they may have experienced. This tool can be delivered by DSF's psychologist in paediatric services of partner organisations, or as the subject of training and best practice sharing in other institutions working with children in the Ouest Department, who have recently experienced many traumatic events.



CERF project: 'Coping with COVID-19' (August 2020-June 2021)

Douleurs Sans Frontières, in partnership with Humanité et Inclusion as part of the Coping with COVID-19 project: Enhancing the Inclusion, Health and Resilience of the Families and Communities Most Exposed to the Impact of COVID-19, funded by CERF, the United Nations Central Emergency Response Fund, committed to formulating a response to the crisis arising from the pandemic in Haiti.

Support activities

- **Support groups:** Talking spaces were offered to health professionals as part of the project, in order to be able to discuss specific issues.
- **Individual psychological care** was provided by the DSF mental health team in the Ouest Department (3 psychologists and 1 psychiatrist) and the Nord Department (2 psychologists), including individual support for referred patients and their caregivers.

Training activities

- **Psychological First Aid Training:** Extended to caregivers in partner structures, the training focussed on the acquisition or improvement of the knowledge and skills of professionals in psychological first aid given to patients, for example, through providing non-intrusive concrete support and care, knowing how to assess a person's needs and concerns, helping them to meet their basic needs (for example, food and water, information), comforting and calming them, and helping them to obtain the information, services and social support they need.

The purpose of this training day was to enable participants to define psychological first aid, identify crisis situations and identify their emotional, interpersonal and technical difficulties in order to know when to seek specialist support.

Outreach activities

- **Psychoeducation:** sessions aimed at raising public awareness (individual patients and sometimes caregivers) around key themes in relation to mental health, such as the role of the psychologist and psychiatrist, psychological distress, psychological care, its importance and its benefits, the psychological impact of COVID-19, stress and anxiety.
- **Awareness-raising videos:** with the objective of exploring the relationship between mental health and COVID-19, this activity was aimed at a diverse and varied audience. For example, people working in the field of mental health, medical staff, and the Haitian community engaged in promoting the well-being and protection of those most vulnerable, and more generally the Haitian population, as well as all those who were curious, interested or needed to explore the subject over the course of the proposed sessions.

The videos created and shared in 2021 were:

- 'Schools up against COVID-19 in Haiti',
- 'Burn-out and COVID-19',
- 'Psychological First Aid and COVID-19',
- 'The challenges of chronic conditions in the face of the pandemic',
- 'Emergency services',
- 'Feelings of uncertainty and insecurity in Haiti today' and
- 'Mindfulness relaxation session'.



Thumbnails of the videos available on DSF's YouTube channel

Strengthening local psychological services

- **Support for the CIPUH (la Cellule d'Interventions Psychothérapeutiques d'Urgence, the Emergency Psychotherapeutic Interventions Unit):** since March 2020, a telephone counselling service has been set up by professionals from the Haitian Psychological Association and several other partners. The objective of this helpline is to provide emergency assistance and support to all people in psychological distress, in order to help them cope and progress in life in spite of and after COVID-19, helping them to take stock of their situation and referring them to psychologists if necessary.

Financial support was offered to the volunteer counsellors in order to extend the opening hours of the service (Monday to Friday from 2pm to 8pm, and Saturday from 8am to 8pm). The aim being to provide a far-reaching service to the population. A referral system has been put in place between the DSF psychological support team and AHPsy's CIPUH in order to support people in distress using the emergency service.

Towards this objective, a communication campaign was organised as follows:

- Broadcast of a radio advert on Radio Caraïbes for advertising/awareness-raising around the CIPUH-AHPsy service
- Creation and display of banners along important routes of the metropolitan area of Port-au-Prince and Cap-Haitien.



Training session for caregivers led by DSF

Emergency project: 'Psychological support and pain management practices to contribute to the well-being of people affected by the earthquake in the Sud Department'

• Outreach activities

Psychoeducation sessions for patients

• Support activities

During the project, different types of psychological care were provided to two main target groups: patients in Les Cayes hospitals and children between the ages of 6 and 12.

Brief therapies as well as individual consultations were offered to patients identified by the psychologists or caregivers of partner hospital facilities, depending on the type of need expressed by the beneficiaries. Subsequently, therapeutic recreation workshops were conducted for children in recreational camps, organised in conjunction with local partners to provide spaces for leisure and relaxation, as well as spaces for exchanging and verbalising traumas experienced during the disaster.

• Training activities

The week from 20 to 24 September 2021 was dedicated to training and support in best practices for pain management and pain prevention within two partner hospital facilities (HNDSA and OFATMA). The training and support was also delivered to carers working for the FONTEN rehabilitation centre. DSF took the opportunity to donate 6 TENS machines to the manager of the FONTEN centre to help them manage pain effectively during rehabilitation, and shared examples of VAS scales and 2 behavioural pain assessment tools for the elderly (ALGOPLUS and ECPA).

Looking forward at 2022

- Setting up a fully-fledged project for mental health/psychosocial support
- Hiring of a specialist dedicated to mental health and a medical coordinator for activities, planned for the end of 2022, for the continuation of the AFD project
- Setting up pain management committees (Comités de Lutte contre la Douleur, CLUD) at the HUEH and the HUP, in order to support the establishment of pain specialists within the main services of the respective facilities
- Strengthening domiciliary care through the training of family caregivers and community health workers
- Introduce induction training at the Faculty of Medicine in Quisqueya
- Work on the development of a class consisting exclusively of Haitian teachers for the Pain Unit, in collaboration with Paris Diderot University
- Work on the creation of a decentralised palliative care Pain Unit
- Expand the activities of DSF in the provinces, in particular through the creation of a new Pain Unit at the Hôpital Justinien in Cap Haitien
- Undertake work on the exploration and evaluation of the Centre Department, in the Central Plateau in order to create a mobile unit for pain management
- Implementation of a multidisciplinary pain management system
- Strengthen research around the issue of pain (e.g. traditional medicine, socio-anthropological research on pain perception and the relationship between health professionals and patients)
- Share pain tools with other healthcare facilities



France

Since 2011

Context

According to studies conducted by the High Council for Public Health (Haut Conseil de la Santé Publique) and the French Society for the Evaluation and Treatment of Pain (Société Française d'Evaluation et de Traitement de la Douleur, SFETD), more than 12 million French people suffer from chronic pain. 70% do not receive appropriate treatment, and less than 3% benefit from treatment in a chronic pain facility (known as une Structure Douleur Chronique, SDC).

Many challenges remain, despite the fact that many important advances have been made in the fight against pain, for example, the law of 4 March 2002, which recognises pain relief as the fundamental right of every individual, and that of 2004, which makes the fight against pain a public health priority. Along the same lines, three national plans have also made it possible to considerably improve the treatment of patients in pain.

Pain can be debilitating and can lead to social exclusion for those who suffer from it. This is why Douleurs Sans Frontières supports government initiatives that fight pain, by offering its expertise in pain management via awareness campaigns, through forum theatre performances, the training of health professionals and support.



Budget: 53 157€



Financial partners:

Agence Française de Développement (AFD)
AG2R LA MONDIALE
Fondation APICIL
CRCAS Auvergne (Comité Régional de Coordination de l'Action sociale Agirc-Arrco)

Background

Since 2011, Douleurs Sans Frontières has created a forum theatre performance, 'Ouch, never again!' ('Aïe, plus jamais ça!') in collaboration with Tenfor, a theatre company specialising in the field of health, to raise awareness and encourage French citizens to question their beliefs about pain, dare to talk about it, deal with pain in a more open manner, and thereby discover the various solutions to alleviate their suffering.

Each performance is followed by conferences or question and answer sessions led by pain specialists.

Activities in 2021

5 forum theatre performances of the play 'Ouch, never again! ('Aïe, plus jamais ça!') were carried out in 2021 with the Tenfor theatre company on the subject of pain:

- 14 October 2021 in Evreux
- 15 October 2021 in Flers
- 18 October 2021 in Troyes
- 25 November 2021 in Moulin
- 9 December 2021 in Thiers

The theatrical performances were attended by around 100 to 150 people. Each performance is followed by a written evaluation by the health professionals present to report on the impact of the event, assess the public interest and allow DSF and Tenfor to constantly improve the performance, in order to best meet the expectations of the general public and thus reach more people.

The event that took place in Thiers was the 71st forum theatre performance by Douleurs Sans Frontières since the beginning of the innovative public awareness project.



Looking forward at 2022

- Continue the development of the pain awareness project through the Forum Theatre in other cities,
- Raise awareness in various ways (events, exhibitions, etc.) amongst more people on the different issues addressed by DSF
- Implement the Précarité France project

Guinea

Specific mission

From 6 to 11 December 2021, after having been cancelled in 2020 due to the COVID-19 health crisis, a team of two pain management specialists and trainers (Drs Christiane BUSUS and Jean-Marie FARNOS) travelled to Conakry for a week of training. The objective of this training, led by Douleurs Sans Frontières, was to improve pain management in patients, particularly in patients with sickle cell disease.

The project took place in Nongo, Ratoma, City of Conakry within the SOS Drépano-Guinée day care hospital.

This training session made it possible to train health professionals from the NGO SOS Drépano-Guinée's centre, namely 6 doctors (4 permanent and 2 trainees), 6 nurses (4 permanent and 2 trainees), 1 pharmacist and 2 biologist technicians, as well as professionals from 2 other healthcare facilities in Conakry (1 CHU [Centre Hospitalier Universitaire] and 1 clinic) who also receive patients with sickle cell disease.



€ Budget: 8 037€

 Financial partners:

Fondation Pierre Fabre



DSF
MADAGASCAR



Appui technique à la prise en charge de la douleur,
de la souffrance et des soins palliatifs.



Madagascar

Since 2008

Context

The COVID-19 health crisis in Madagascar, as in many cases, has had a very strong impact on the implementation and monitoring of the planned activities of the various projects in 2021. In fact, the pandemic has challenged the operations and patient procedures of partner hospitals, and has impacted our teams and restricted a great number of our activities. In spite of the epidemic, we conducted and finalised a COVID-19 response project in 2021. DSF was also selected as the project manager for the Ministry of Justice of Madagascar for the implementation of a project to improve the health of detained persons in the context of the health crisis.

DSF Madagascar was therefore able to deploy new projects with new areas of intervention, creating a new dynamic for the mission. This also ensured strong HR capacity building at programme and support level. At the end of 2021, DSF also collaborated with the United Nations Population Fund (UNFPA) as a partner for family planning and maternal and child health. It is a partnership focussing on the potential implementation of a project to combat gender-based violence in Madagascar from 2022-2023.



Budget: 435 792€



Financial partners:

Agence Française de Développement (AFD)

Fondation Mérieux

European Union

Key figures in 2021

8 867

beneficiaries
reached (of which
53%
were women, 1,078
health professionals
and 919 children)

132

health professionals
trained

1 886

psychosocial
counselling and
psychological
support sessions

1 249

non-medicinal
technical
consultations
carried out

1 393

home visits carried
out

3 336

recipients of
psychosocial
support

1 013

pain consultations
carried out

10

CHUs benefitted
from a donation
of medical
and protective
equipment against
COVID-19

The geopolitical context

Madagascar is among the countries in the world with the poorest access to and lowest quality of basic social services (see: HDI 2019) despite the absence of conflict, with strong inequalities between urban and rural areas. Living conditions remain difficult in rural areas, which show markedly worse results in terms of infant mortality, school attendance, literacy rates and completion of primary education, malnutrition, life expectancy, access to transport, electricity and drinking water (see: INSTAT_RGPH3-2019). President-in-Office Andry Rajoelina is leading the country as part of the national plan Initiative Emergence Madagascar 2019-2023 (PEM), which has not yet been formally approved. In mid-August 2021, a reshuffle took place, increasing the government from 24 to 32 ministerial departments. Since 2019, four Ministers of Health and three Directors of the DGFS have succeeded one another. This has had a marked impact on our activities.

Following the COVID-19 crisis, whose economic and social impact is strongly felt in Madagascar, the preparation of the PEM was suspended and the Multisectoral Emergency Plan (Plan Multisectoriel D'Urgence, PMDU) was adopted on 1 July 2020. The PMDU represents the government's health, social and economic response plan to the crisis. With an initial duration of 5 months, it was extended in February 2021 until June of the same year. Following the alleviation of the health crisis in Madagascar, work on the PEM has resumed within the Government and is expected to be finalised in 2022.

An analysis of the human development challenges in Madagascar has led to the prioritisation of the health and education sectors in the PEM. Madagascar is also lagging behind in gender equality. Gender-based violence still occurs on a regular basis. Some laws are discriminatory, particularly regarding inheritance, access to property loans, reproductive health and marital rape. The rate of women's participation in decision-making bodies remains very low. In 2018, 4 out of 10 girls under the age of 18 were married, one of the highest rates in the world (see: INSTAT_RGPH3-2019).

The lack of progress in terms of human development and poverty highlights a system of governance that struggles to meet the basic needs of the population. Transparency International's Corruption Perceptions Index has seen an almost uninterrupted decline over the past ten years.

The COVID-19 pandemic has reversed more than a decade of progress in terms of per capita income and poverty reduction. It has put a stop to the four years of economic growth in Madagascar before 2020.

After real GDP growth of 4.4% in 2019, the country entered a recession in 2020 in a period of lockdown and closure of borders. The World Bank estimates an increase of more than 1.38 million people living below the poverty line due to the economic impact of COVID-19 in 2020, bringing the extreme poverty rate to 77% of the population in 2020, compared to 74% in 2019.

While the pandemic eased in the first half of 2021, the impact of the crisis continued to have an impact on public finances in 2021. This resulted in a budget deficit of 4.6% of GDP in 2021. Job losses were estimated at 27% in the formal sector in 2021. In Madagascar, social discontent mounts against rising costs of living with skyrocketing inflation and widespread corruption. The latest report by Transparency International Madagascar, whose findings were published in late January 2022, adds to the tension. Entitled 'Covid-19 and governance: lessons learned from the first phase of the health crisis in Madagascar' (Covid-19 et gouvernance : les leçons apprises de la première phase de la crise sanitaire à Madagascar), the document points to corruption in the distribution of social aid provided by the State through the National Office for Risk and Disaster Management (Bureau national de gestion des risques et des catastrophes, BNGRC) and the Intervention Fund for Development (Fonds d'intervention pour le développement, FID).



Activities in 2021

- **Projet AFD3 Douleurs (duration: 36 months, September 2019 - August 2022)**

As a result of the COVID-19 health crisis in Madagascar, the progress of intra-hospital activities has had to be reviewed and, despite certain reorganisations, this implementation has slowed down considerably. A great number of activities have been adapted, but this has not been enough to achieve the expected objectives. Therefore, the timetable of activities has been readjusted and some activities were postponed for the second phase of the project.

On the other hand, certain events made us reflect on the activities differently. The Ministry of Public Health of Madagascar, through the General Directorate for Care, was no longer in favour of the implementation of the national plan to combat pain. This decision stems from a redirection of their funds and human and financial resources towards the management of the health crisis. Therefore, after numerous discussions with the authorities, the new priorities on the subject were redefined with the Ministry of Health. The Ministry wished pain management training to have a national scope and thus be provided throughout the Malagasy territory, in almost all hospitals. In view of this, and in conjunction with the Director General of the DGFS of the Ministry of Health, the project has been reworked in this direction and provides for the implementation of cascading training throughout the Malagasy territory in 61 hospitals (22 CHUs, 16 CHHR [Centre Hospitalier de Référence Régional] and 23 CHRD1 [Centre Hospitalier de Référence de District]).

In addition, by the end of the project, the intention is to set up 83 pain specialists in each of these hospitals. They will be accompanied by national and provincial pain experts. Regional partnership activities have also had to be constantly postponed during this year, because, in light of the difficulty of international travel, the activities in partnership with the Reunion CHUs have had to be suspended until October, but will have resumed by the end of the year.



• **Mitehafa project (duration: 18 months, May 2020 - July 2021)**

This was an emergency project in response to COVID-19 in Madagascar, 100% funded by the European Union, bearing the name Mitehafa ('by protecting myself, I protect others'), led by a consortium of NGOs with Humanity & Inclusion (HI) as lead, composed of DSF and SOS Children's Village Madagascar (SOS Village d'enfants Madagascar). It was carried out in collaboration with the National Order of Psychologists of Madagascar, through the establishment of psychological support services for hospitalised patients, their families and hospital staff impacted by COVID-19, as well as through a COVID-19 support framework with the CHUs of the Analamanga and Atsinanana region. This project received additional funding from the FDA. These AFD-funded activities for DSF focussed on medical and psychosocial follow-ups at home of patients who have recovered from COVID-19, as well as the continuation of activities started on the European Union-funded Mitehafa project. Following on from this project, a national model of psychosocial care in the event of an epidemic and/or pandemic could be developed with the Ministry of Health. This was DSF's first experience in psychosocial support in an emergency context in Madagascar.



- **Mikolo Aina project (duration: 4 years, October 2021 - September 2025)**

The 'Mikolo Aina' project (meaning 'improving health and/or saving a life') is a project to support the Malagasy prison sector. The objectives of this project are to improve working conditions and strengthen the technical capabilities of prison staff, as well as to improve the health care of detainees in four regions of Madagascar through six prisons: Antanimora, Mananjary, Manakara, Antsiranana and the rehabilitation centres in Joffreville and Mandrosoa.

The consortium is led by DSF and includes 4 other partners: EKAR CES (Parish Commission for Pastoral Care), Ordre de Malte, Pavillon Sainte Fleur, Grandir Dignement and Jardins du Monde. This project is fully funded by the Agence Française de Développement to the tune of 1.2 million euros for a period of 4 years. The agreement to delegate the implementation of the project to the Ministry of Justice was signed in October 2021.



Looking forward at 2022

- **AFD3:**

Establishment of provincial and national pain experts;

Establishment of pain specialists across 70 hospitals in Madagascar in 23 regions; Maintain and improve the SAD facility in Antananarivo;

Make the pain consultations at the JRA CHU profitable and sustainable;

Maintain the Pain Treatment Units in the region (Toamasina and Mahajanga);

Establishment of a system for palliative care and evaluation of the existing systems;

Further develop the community aspect in the Antananarivo neighbourhoods (SAD); also strengthen the referral system from hospitals to local stakeholders.

- **Mikolo Aina project:**

Implementation of the project during 2022. The strategic issues are:

Management of the COVID crisis in prisons
Management of the partnership with the prison service and the Ministry of Justice in each prison targeted

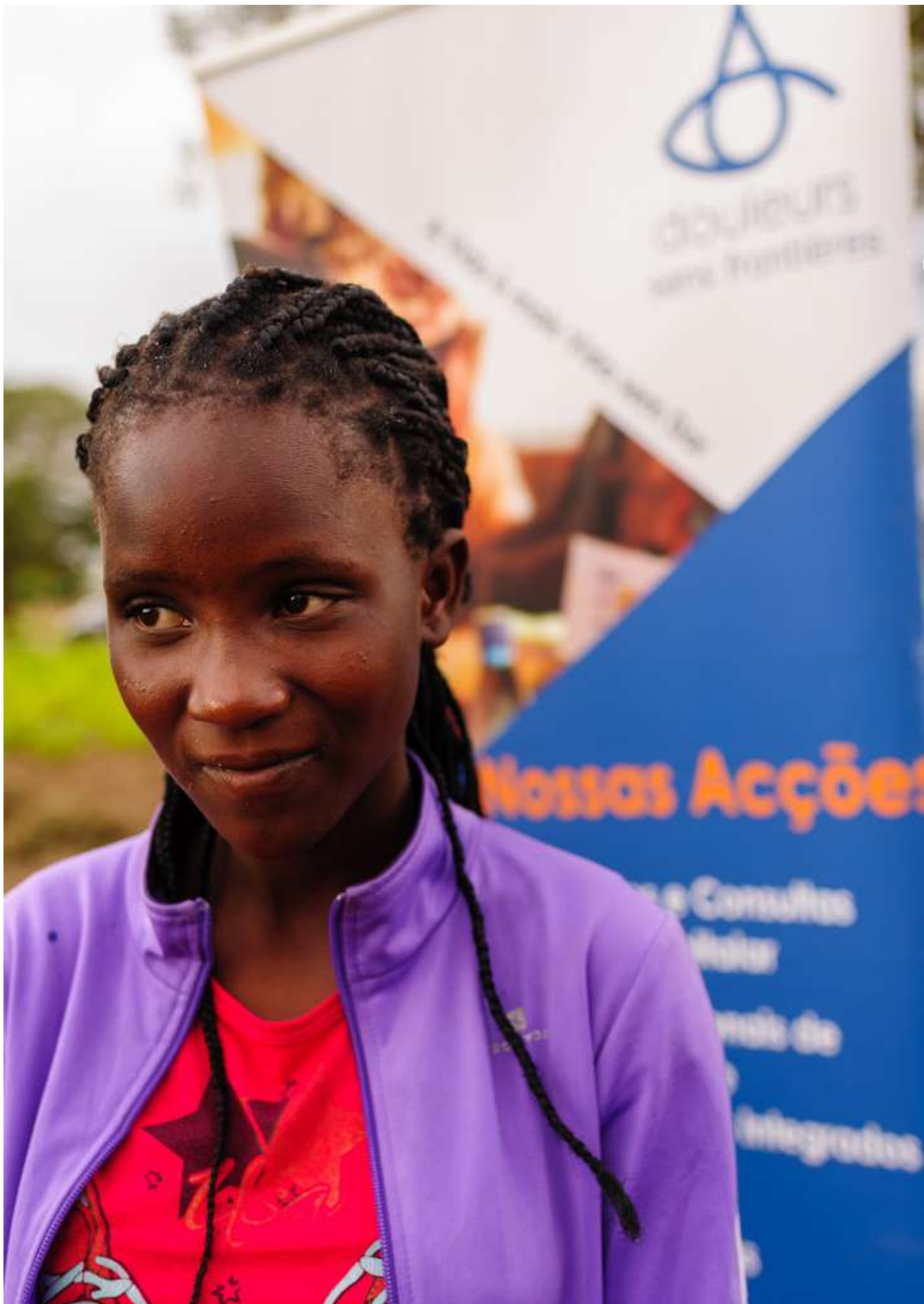
Management and monitoring of the financial activities of the multi-partner consortium with DSF as lead.

- **UNFPA :**

In Madagascar, Douleurs Sans Frontières was selected as a partner for the medical and psychosocial care of survivors of sexual violence in the Antananarivo region and in the 3 regions of southern Madagascar affected by chronic malnutrition for several years, exacerbated by climate change. The implementation of a project addressing GBV issues is therefore under discussion with UNFPA.

In general terms:

It is important to develop our activities in rural areas and outside university hospitals, which is partly the case within the framework of the AFD3 Douleurs project with the training of pain specialists across 70 hospitals in the 23 regions of Madagascar. Nevertheless, more work needs to be done on community health in rural areas, which we have done in part, but with a service provider in urban areas of some districts in Antananarivo for SAD. We need to develop our activities in general on the psychosocial and psychological support side in 2022 for victims of gender-based violence. Generally speaking, we still need to undertake further work in terms of activities and medical interventions in pain management, particularly during childbirth, as well as in gynaecological and obstetric violence. The year 2022 will be a crucial year, as it marks the end of the Douleur project. Along with our various partners, we must identify a 3rd 'post-project' phase. Psychosocial care, pain management during childbirth, continuation of nonmedicinal measures, the extension of the SAD and Palliative Care facilities in Madagascar, as well as continuity of care in Akamasoa districts are important areas of intervention for the year 2022, in collaboration with national and local authorities as well as our operational partners.



Mozambique

Since 1996

Context

1. Beira (in Sofala province) has suffered economically since Cyclone Idai (March 2019) and the death of its Mayor in 2020, who was considered the new political opponent (MDM) for FRELIMO (the party in power since 1975). Moreover, Zimbabwe's fragile political and economic situation is not helping the city to regenerate itself (the port of Beira is of vital importance both to the interior of Mozambique and to Malawi and Zimbabwe, which are landlocked). The Beira-Bulawayo railway, a road and an oil pipeline connect the port of Beira to Zimbabwe via the 'Beira Corridor'. The port's main exports are sugar, tobacco, corn, cotton, pita fibre, chrome, copper ore, lead and coal. The port's activity is Beira's main economic resource.

The port is currently waiting for an economic recovery. Since July 2021, containers have been arriving at the port more than 4 months late due to COVID-19's impact on maritime trade. Meanwhile, the city is in distress and the poverty rate is rising. Community leaders have expressed concern that more and more vulnerable families are sinking into extreme poverty. There have even been cases identified where ART (antiretroviral therapy) was discontinued due to lack of food.



Budget: 434 993€



Financial partners:

Agence Française de Développement (AFD)
L'Expertise France
the City of Paris
L'Initiative project
Fondation EDF
Fondation Masalina
Japanese Embassy
Fondation Neuro.io

Operational partners:

Association Mozambicaine pour le Développement Concerté (AMDEC)
Inôveco Lda
Pain and Palliative Care Unit, Maputo Central Hospital

2. All the healthcare centres visited (Hospitals, Pain Consultation Services) as well as our partners (MSF Beira) have raised the issue of lack of access to analgesics in the country. Even Pain Consultation Services (Gaza Province, Pain and Palliative Care Unit of Beira) do not have access to level 2 painkillers (tramadol, codeine, etc.) and level 3 painkillers (morphine). This situation is very worrying and demonstrates two things:

- the weakness of the National Health System's medicine supply system.
- the lack of awareness by healthcare professionals around automated patient pain management (no prescription > no order from the pharmacists > no delivery from the National Health System).

This has a strong impact on our pain management programmes, and DSF has important work to do in advocating for the National Health System to acquire painkillers and to supply health centres (as a minimum, Pain Units and Consultation Services).

The supply of painkillers to 'open' the pain consultation service of Xinavane and Beira is planned for the project, but this is not a permanent solution.

3. The crisis in Cabo Delgado (province in Northern Mozambique) rapidly worsened in 2021 due to conflict, insecurity and violence, resulting in an estimated 1.3 million people in need of humanitarian assistance and urgent protection. Attacks by non-State armed groups have become more widespread and more intense in 2020, greatly increasing the risk of insecurity, especially for women and girls, persons with disabilities, elderly people and people living with HIV/AIDS.

Reports of violations against civilians, including killings, beheadings and kidnappings, have increased in 2020. The number of people displaced by the crisis has more than quadrupled between March (over 110,400) and November 2020 (nearly 530,000 – 700,000 in 2021), with children accounting for around 45% of the displaced people. At the same time, 10 % of displaced people are accommodated in overcrowded public sites, without privacy and with limited access to safe shelter, water and sanitation. This contributes to protection risks, including gender-based violence, particularly an increase in the number of pregnancies among children and adolescents, and increased exposure to exploitation and negative coping mechanisms, including transactional sex.

Key figures in 2021

2 159

People received personalised care (integrated domiciliary care, psychosocial support)

42

people trained in Palliative Care for COVID-19 patients

116

health students trained

13 000

home visits carried out by the CHWs of DSF's partner associations

40

professionals trained in Palliative Care and Pain

135

members of local associations trained (Community Health Workers)

4

associations locales formées en agroécologie

1

association supported in the implementation of a BAMISA project



Activities in 2021

2021 was a challenging year for Mozambique, with the implementation of three new projects, which span three areas of action including two new ones:

- **AFD/Expertise France project:**

'Strengthening universal access to quality health care for patients with chronic diseases including HIV/AIDS in the provinces of Maputo and Sofala in Mozambique.'

- DSF and its new technical partner, AMDEC, have set up two new Integrated Home Care (IHC) networks in the districts of Magude and Manhica, Maputo province, as well as in five neighbourhoods in the city of Beira, Sofala province. 78 Community Health Workers (CHWs) take care of patients at home in order to improve their quality of life. The CHWs are supervised by DSF technical teams, composed of a nurse specialised in palliative care and pain management and a psychologist. The patients have chronic conditions such as cancer, diabetes, hypertension and, for the most part, HIV. Mozambique has a high prevalence of HIV and AIDS.

In the city of Beira, special attention is therefore paid to people living with HIV in an advanced stage, with late-stage symptoms or comorbidities (e.g. Kaposi's sarcoma). DSF and AMDEC are collaborating with the National Health System and other local partners to improve patient referral systems to the various services offered by the project (Psychosocial Support, Palliative Care, pain management, etc.)

- Training in pain and palliative care for 40 health professionals in Maputo and Sofala provinces. A pain consultation service is to be opened at the rural hospital in Xinavane in order to support the integrated home care service in Maputo province. The Beira Pain Unit must also be redeveloped in 2022.



An HIV+ woman suffering from neuropathic pain and bedridden, benefitting from integrated home care, Magude district, in September 2021

- **Expansion of the network of pain consultation services**

- Opening of two Pain Consultation Services in Gaza Province with funding from Japan, in the rural hospital in Chokwé and in the health centre in Massingir

- **Fondation EDF Project–Gaza Province**

- Owing to the food insecurity situation, due to the effects of global warming, socio-economic difficulties and the impact of COVID-19 in rural areas, DSF wished to establish IGAs (Income Generating Activities) for 5 partner local associations (Limpopo, Massingir, Chokwé, Chibuto, Guija), in order to have an impact on food and nutrition amongst communities and patients benefitting from domiciliary care. Therefore, DSF proposed the strengthening of agricultural production capacities through training and support in agroecology for the members of 4 associations, in addition to raising awareness of good nutritional practices. It is important to note that 90% of the CHWs already carried out food-producing activities, enabling them to have additional means of subsistence.

- With another association, DSF has set up a nutrition pilot project, the BAMISA Project.

Through this project, vulnerable local populations will see an improvement in their health and nutrition through the production of Bamisa flour in their communities. Bamisa flour is a dietary supplement for breastfeeding for the therapeutic and preventive treatment of child malnutrition. Bamisa porridge can also be used by pregnant and lactating women, and malnourished adults (HIV+).

It enables the preparation of 'Liquefied Concentrated Porridge', which has a high nutritional content and is created with local ingredients (peanuts, corn, soya). It aims to combat child malnutrition and to enable sick people who do not have a secure supply of food to tolerate their treatment and limit its side effects.

Over the past ten years, these associations have been setting up Integrated Home Care Services in partnership with DSF and have taken care of more than 1,500 patients a year.

The objectives of these agroecology and nutrition activities are to:

Improve the health and nutrition of vulnerable local populations and patients in the Integrated Home Care network through access to the knowledge and skills required to cultivate sufficient and varied quantities of food and food combinations sustainably (agroecology).

To ensure an income (IGA) for CHWs and an operating fund for the association through the resale of agricultural products



Training in agroecology for CHWs in Chibuto in October 2021

- **BIAP project – Balcon d'Information et d'Appui Psychosocial (Platform for Information and Psychosocial Support)**

- DSF opened BIAP at the Maputo office in 2021. The main objective of this project is to improve access to palliative care for the population of Maputo. The project brings together institutional stakeholders from the health sector and civilians, to achieve significant improvement in access to quality care for patients living with a chronic condition and those in need of palliative care, their family caregivers, health stakeholders and the general public.

- The BIAP provides psychosocial support to patients with chronic and/or end-of-life illnesses and their family members. It is also a platform for training and awareness-raising on pain and palliative care for stakeholders in the health sector. Specialised psychosocial support training was offered to students (nurses, psychologists), health workers (training in emergency palliative care for patients with COVID-19), local associations and family caregivers.

In October 2021, Dr Vianney MOURMAN made a field visit during which he was able to see the 3 DSF bases (Maputo, Macie and Beira). This also allowed us to undertake a contextual analysis, an evaluation of the project and a discussion on the country strategy with the teams on site.

Looking forward at 2022

- Stabilise the 5% Initiative/AFD project: during 2021, we were able to set up a new CHW network in the provinces of Maputo and in Beira. In 2022, it will be necessary to strengthen the network and set up the other project activities (awareness-raising, BIAP, community clubs, etc.), as well as ensure the base in Beira starts up activities. Much work on knowledge management on family caregivers needs to be carried out, in coordination with headquarters and Cambodia.
- Open a psychosocial support/protection project on Cabo Delgado: The humanitarian response is being built (funding available) and suggests that the action will last for a few years. This will be the fundraising priority in 2022. A field assessment will be carried out in Cabo Delgado and Nampula at the end of February.
- The second priority for 2022 will be to help equip the Pain and Palliative Care Unit with a liquid morphine production facility. There is a real access problem to level 2 and 3 analgesics across the country, and in the Pain Units this clearly limits the impact of pain management care and weakens the effectiveness of the initiative to open new Pain Centres/Pain and Palliative Care Units at the national level.
 - Link with APCA and Uganda; partnership with the Lariboisière pharmacy department; partnership with the Pain and Palliative Care Unit and MISAU (the Ministry of Health).

In the media

2021 marks the 25th anniversary of the founding of Douleurs Sans Frontières. To celebrate this occasion, the French international solidarity NGO for the fight against pain organised a virtual exhibition retracing its history through photos taken in the field by various artists and professional photographers.

This virtual exhibition also highlighted the various activities carried out over the past 25 years, as well as DSF's expertise in pain management, palliative care, inclusive education and psychosocial support. Throughout the year, the virtual exhibition was shared on DSF's various social media networks on Facebook, LinkedIn, Twitter and Instagram.

Informing, educating and mobilising

Each year, Douleurs Sans Frontières carries out several information, awareness-raising, donation and mobilisation campaigns to encourage donations from the general public and institutions, through various channels:

- telephone calls
- events (SFETD [the French Society for the Study and Treatment of Pain] Congress in Montpellier)
- mailing lists
- social networks and DSF's website

This allows people to actively support the actions and activities previously outlined, and enables DSF to be ready to respond to crises



Overview of the DSF virtual exhibition

SOCIAL NETWORKS:

Facebook: 3 139 followers (+30% vs 2020)

LinkedIn: 554 subscribers (+244% vs 2020)

Twitter: 78 followers (+36% vs 2020)

Instagram: 188 followers (+84% vs 2020)

Youtube: 88 subscribers (+158% vs 2020)



Financial report

Balance sheet

ASSETS	2021	2020
Intangible assets	1,288	4,315
Tangible assets	3,685	581
Financial assets	38,508	38,000
Fixed assets	43,481	42,896
Receivables	1,799,754	1,564,467
Cash	2,297,791	1,238,272
Prepaid expenses	3,808	8,580
Current assets	4,101,353	2,811,319
Accruals	180	4,549
TOTAL ASSETS (in euros)	4,145,014	2,858,764

LIABILITIES	2021	2020
Reserves	732,352	572,333
Result for the financial year	209,881	160,019
Equity	942,233	732,352
Designated funds	691,557	413,463
Provisions	180	4,549
Trade accounts payable	43,000	77,197
Tax and employee-related payables	52,927	59,223
Other accounts payable	5,345	2,818
Accounts payable	101,273	139,239
Accruals	2,409,771	1,569,161
TOTAL LIABILITIES (in euros)	4 145 014	2 858 764

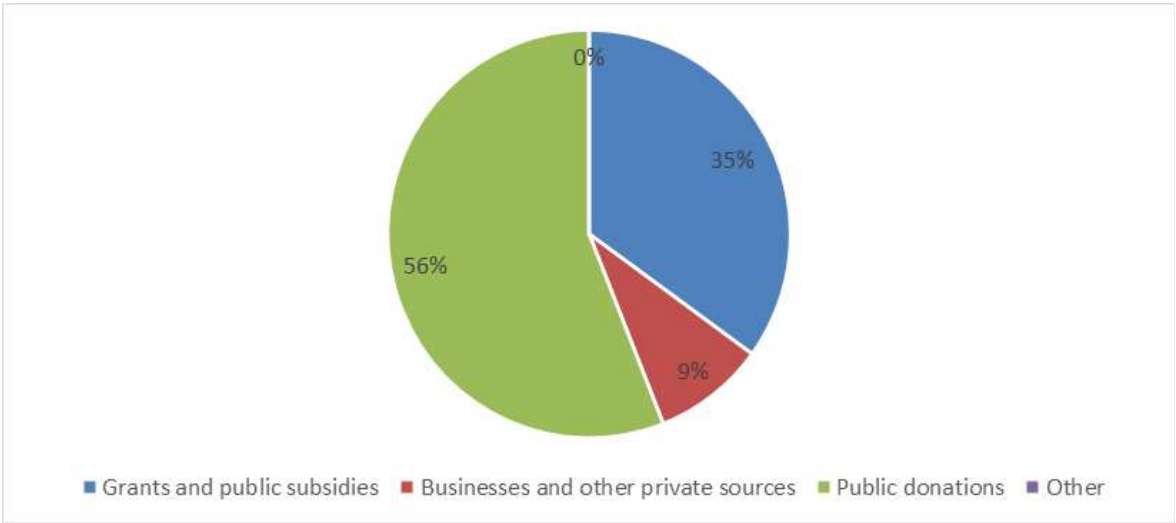
Financial report

Income statement

INCOME	2021	2020
Income from public donations	1,763,012	1,424,181
Income outside of public donations	287,833	342,994
Income from grants and other public subsidies	1,086,043	488,763
Provision write-backs	4,549	217
Use of designated funds	105,510	170,609
TOTAL (en euros)	3,246,948	2,426,763

EXPENDITURES	2021	2020
Social missions	1,399,764	925,169
Fundraising costs	1,076,915	757,318
Operating costs	172,381	248,620
Provisions	4,403	8,157
Designated funds carried forward	383,604	327,480
TOTAL (in euros)	3,037,067	2,266,745
SURPLUS	209,881	160,019

Source of funds 2021



Our partners in 2022

Agence Française de Développement (AFD)

AG2R LA MONDIALE

Embassy of Japon

CERF

CRCAS Auvergne (Comité Régional de
Coordination de l'Action Sociale Agirc-Arrco)

Expertise France, projet de l'Initiative

FOKAL

Fondation APICIL

Fondation EDF

Fondation Massalina

Fondation Mérieux

Fondation Neuro.io

Fondation Dominique et Tom Alberici

Fondation Pierre Fabre

Mairie de Bagneux

Vanadzor Municipality

Médecins Sans Frontières

European Union

City of Paris

Ethypharm

Mindmaze








CHU Troyes

Make a difference with

Pain concerns us all. It doesn't mean your life has to be over!

Douleurs Sans Frontières continues to develop thanks to the support of our partners, volunteers, donors, our teams at headquarters and in the field, as well as all our followers who encourage us over our various platforms. Together, we are fighting pain.

Are you interested in taking part in our social endeavour? You can support us through these different ways:

-  Follow our updates online and subscribe to our Facebook, LinkedIn, Instagram, Twitter and Youtube pages
-  share our updates
-  visit our website **www.douleurs.org** to discover more about our association
-  make a one-off or regular donation to support our projects
-  become a volunteer depending on the missions available
-  join our team by applying for the positions available on our website
-  become our partner if you are an organization or a company
-  join our association and participate in the advancement of our activities

Acknowledgements

Thank you to all our volunteers, teams, donors, partners and all those who support us on a daily basis.

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Writing, formatting and design

Douleurs Sans Frontières Field and Headquarters Team

Photos

Aurore Vinot, Régis Binard, Jean Amminadab, Fénélon
Photography, PHOTOGRAPHIEWS

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